

BLACK & LGBTQIA+ HISTORY

ACTIVITY: MOVIE & DISCUSSION

bring
change
to mind

Part of being an effective mental health activist is developing an understanding of how activism and liberation are **intersectional**: Intersectionality is a term that acknowledges the **complex experiences of oppression** that people with **multiple identity markers** have (such as a person who identifies as BIPOC and LGBTQIA+ and neurodivergent).



To further develop an understanding of the kinds of oppression **Black people** and folx in the **LGTQIA+ community** face, watch the film Moonlight (2016) available on Netflix and then have a discussion using our **discussion question guide** with your club.



Content warning: Violence, sexual assault, graphic sexual content

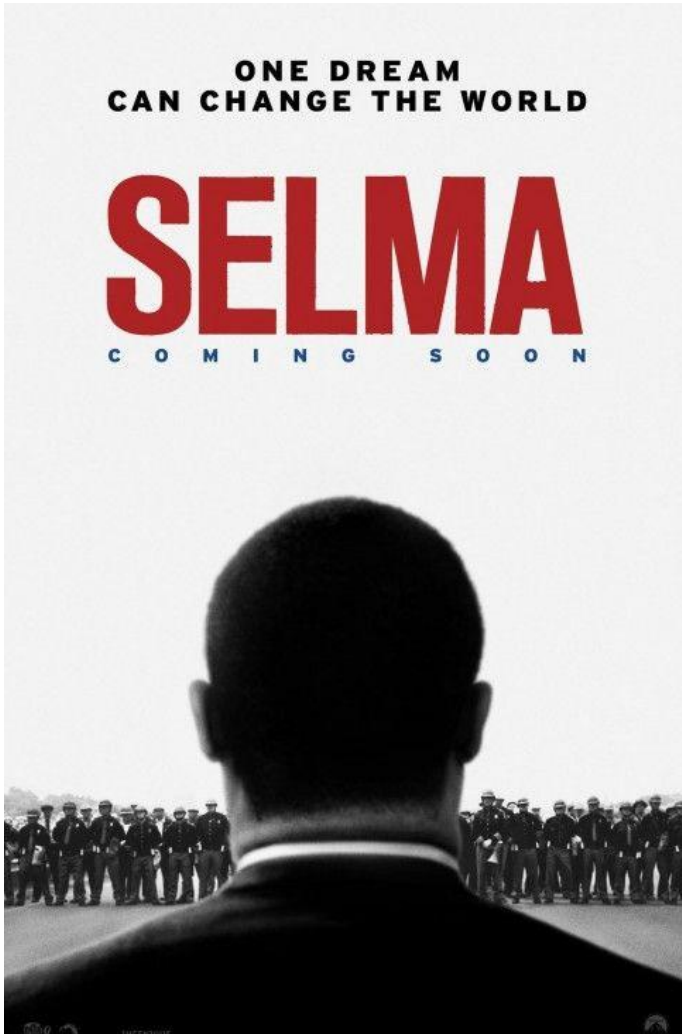
DISCUSSION QUESTIONS

1. What did you learn about the experience of the main character's struggles as a **Black gay man** from watching this movie?
2. What kinds of **mental health challenges** did you observe some of the main characters of the film experiencing? How do you think their **conditions of oppression** or their environment influenced their experiences with mental health challenges?
3. What kinds of **allyship** do you observe in this film? How is allyship **important** to activism?
4. What did you learn about life in **underserved communities** in this film?
5. In the film, what role does **community and peer support** play?
6. What did you learn about race, socioeconomic status, and the experiences that queer Black people have with **racism and homophobia** in this country?

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✦ Part of being an effective mental health activist is developing an understanding of how activism and liberation are **intersectional**: Intersectionality is a term that acknowledges the **complex experiences of oppression** that people with **multiple identity markers** have (such as a person who identifies as BIPOC, is of a lower socioeconomic status, and a womxn).



Content Warning: Violence



To further develop an understanding of the kinds of oppression Black people faced during the **civil rights movement** in the United States, watch the film Selma (2014) available on Amazon and then have a discussion using our **discussion question guide** with your club.



DISCUSSION QUESTIONS

1. What do **SCLC** and **SNCC** stand for? How were these organizations important to furthering the Civil Rights Movement?
2. What kinds of **oppression** do you observe Black people facing in this film? How might this affect their **mental health**?
3. What kinds of **allyship** do you observe in this film? How is allyship **important** to the Civil Rights Movement?
4. What parts of the **protesting** in the film seemed effective? What parts seemed less effective?
5. In the film, what role does **community and peer support** play in the furthering of these movements?
6. At one point in the film, Dr. Martin Luther King explains that an approach of **non-violence** is not a sign of weakness, but of great strength. Do you agree or disagree? Explain.

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To further develop an understanding of the kinds of oppression Black people face in **mass incarceration** and with the **Prison Industrial Complex**, watch the film Just Mercy (2019) available on Amazon and then have a discussion using our **discussion question guide** with your club.



Content warning: Death, violence, explicit images of physical torture and death.

DISCUSSION QUESTIONS

1. What did you learn about the **criminal justice system** from watching this movie?
2. What kinds of **mental health challenges** did you observe some of the main characters of the film experiencing? How do you think their conditions of oppression or their environment influenced their experiences with mental health challenges?
3. What kinds of **allyship** do you observe in this film? How is allyship important to activism?
4. What did you learn about life in **mass incarceration** in this film?
5. In the film, what role does **community and peer support play** in the furthering of these movements?
6. What did you learn about race and the experiences that Black people have with **racism** in this country?

LGBTQIA+ MOVIE NIGHT LIST!

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Looking for a way to **uplift** your fellow BC2M folx of the **LGBTQIA+ community**? We got you - grab your comfiest clothes, your favorite snacks, and come together to watch some films and TV shows which feature the **experiences and history** of members in the LGBTQIA+ community!

The Kids are Alright (Movie - Available on Netflix)

Beginners (Movie - Available on Amazon)

Blue is the Warmest Color (Movie - Available on Netflix)

The Color Purple (Movie - Available on Amazon)

Portrait of a Lady on Fire (Movie - Available on Hulu)

Brokeback Mountain (Movie - Available on Amazon)

Boys Don't Cry (Movie - Available on Amazon)

Carol (Movie - Available on Amazon)

Moonlight (Movie - Available on Netflix)

The Half of It (Movie - Available on Netflix)

The Birdcage (Comedy - Available on Amazon)

Tangerine (Comedy - Available on Netflix and Amazon Prime)

Pose (TV show - Available on Netflix)

Orange is the New Black (TV Show - Available on Netflix)

Glee (TV Show - Available on Netflix)

Hollywood (TV Show - Available on Netflix)

Atypical (TV Show - Available on Netflix)

Transparent (TV Show - Available on Amazon Prime)

The Trans List (Documentary - Available on HBO Now)

Passing (Documentary - Available on Amazon Prime)

The Death and Life of Martha P. Johnson (Documentary - Available on Netflix)

Disclosure (Documentary - Available on Netflix)

Paris is Burning (Documentary - Available on Netflix)



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BIPOC MOVIE NIGHT LIST!

(BIPOC : Black, Indigenous, & People of Color)

As mental health advocates, you all at BC2M probably know better than most how **powerful** it can be to listen to people **tell their stories**. We can also learn a lot about how people's various identities **intersect** to affect their experiences with mental health and beyond by hearing their experiences. So grab something comfy, some snacks, and enjoy these **BIPOC-centered films** with your club!

13th (Ava DuVernay) — (Movie - Available on Netflix)

American Son (Kenny Leon) — (Movie - Available on Netflix)

Black Power Mixtape: 1967-1975 — (Movie - Available to rent)

Blindspotting (Carlos López Estrada) — (Movie - Available on Hulu with Cinemax or available to rent)

Clemency (Chinonye Chukwu) — (Movie - Available to rent)

Dear White People (Justin Simien) — (Movie - Available on Netflix)

Fruitvale Station (Ryan Coogler) — (Movie - Available to rent)

I Am Not Your Negro — (Documentary - Available to rent or on Kanopy)

If Beale Street Could Talk (Barry Jenkins) — (Movie - Available on Hulu)

King In The Wilderness — (Movie - Available on HBO)

Just Mercy (Destin Daniel Cretton) — (Movie - Available on Amazon)

See You Yesterday (Stefon Bristol) — (Movie - Available on Netflix)

Selma (Ava DuVernay) — (Movie - Available on Amazon)

The Black Panthers: Vanguard of the Revolution — (Movie - Available on Netflix)

The Hate U Give (George Tillman Jr.) — (Movie - Available on Hulu with Cinemax)

When They See Us (Ava DuVernay) — (Movie - Available on Netflix)



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