



# Relationship Spectrum

## Purpose

Students sort and determine which behaviors are healthy, unhealthy or abusive by taping them into appropriate columns.

## How To

- On a chalkboard or dry erase board, make 3 columns labeled: Healthy, Unhealthy and Abusive.
- print and cut out the relationship behavior cards and have the students sort them into the appropriate columns. Discuss the "why" with each card.

## Materials

- cut out relationship behavior cards
- tape

## Tips

- Pair this activity with the presentation on "Healthy Relationships and Teen Dating Violence"
- Works whole group or in small group settings

## Timeline

Prep time cards ahead of meeting  
Sorting activity: 10-20 minutes